

Week: April 20 – April 24, 2020 Home Activity In-kind Report

Linking home to school...YOU are the primary teacher of your child. These LINKS activities are an extension of the curriculum used in your child's Head Start classroom. Adjust the activity to meet the individual needs of your child.

S
K
N
L

Math
Collect some rocks from outdoors. Sort them by color, size and shape.

22 _____
Initials



Math
Play "How Do You Measure Up". (see back)

22 _____
Initials

Science
Make green eggs and ham by adding green food coloring to the eggs before you cook them.

26 _____
Initials



Physical
Can you skip? Give it a try—step, hop, step, hop.

5 _____
Initials

Arts
Make a ladybug with a rock. Paint it red. When dry, use a black marker and draw its spots and eyes.

33 _____
Initials

Physical
Act out the movements of some animals you see in the spring.

25 _____
Initials

Literacy
Write the letters of your child's name on index cards. Mix them up and have your child put the letters in the correct order.

16A _____
Initials

Science
Be a "Backyard Detective". (see back)

27 _____
Initials

Literacy
Clap out the syllables in your name. Now try to clap the syllables in other words.

15C _____
Initials

Language
If you were a bug, what kind of bug would you be? Why?

9D _____
Initials



Math
Play "Simon Says". Add numbers to the commands (ex. Simon Says hop 3 times).

8B _____
Initials

Language
Play "Questions, Questions". (see back)

27 _____
Initials

Social Emotional
Draw a picture of your family. Hang it up for all to see!

29 _____
Initials



Cooking
Make a "Strawberry Wafflewich". (see back)

7A _____
Initials

Social Emotional
Try a "Mother's Day" activity. (see back)

3A _____
Initials



Science
Look for earthworms under rocks. Use a spoon to dig!

25 _____
Initials

Office Use

Total

Total

Total

Total

Page Total

Parent/Caregiver Name: _____ Please Print Parent/Caregiver Signature: _____

Child's Name: _____ Please Print Classroom: _____

Staff Signature: _____ Date: _____

**** LINKS CAN BE TURNED IN ANY TIME DURING THE SCHOOL YEAR****

Weekly Parent Tip: Physical Activity

- The National Association for Sport and Physical Education recommends that preschoolers (3-5) should accumulate at least 60 minutes daily of structured activity.
- They should also engage in at least 60 minutes and up to several hours per day of daily unstructured physical activity.
- Preschoolers should not be sedentary for more than 60 minutes at a time except when sleeping.
- Climbing steps, running, jumping, hopping, and dancing are great ways to stay active!
- Be creative and have fun keeping active!

Backyard Detective

Walk all around your back yard or a local park and look at it as if you are seeing it for the first time. Next, get a large sheet of paper and a pencil. Make a list of the things that you see.

- How many trees are there? What time of day does each tree have a shadow?
- Which trees have fruit, leaves, seedpods, homes for animals?
- What kinds of animals travel through your backyard?
- Are they wild or are they pets? Make a list of all the plants and flowers that you know the names of.
- Look under rocks that are in the shade; what do you see? Look under rocks that are in the sun; what do you see? Why do you suppose there is a difference? If you don't have rocks in these places consider "planting" some and observe in a week or so.



Strawberry Wafflewich

toaster waffles
yogurt (strawberry or vanilla)
strawberries, sliced (fresh or frozen)

Toast a waffle. Slice it in half. Spread some yogurt on one half and top with sliced strawberries. Cover with the other half to make a "sandwich".

Mother's Day

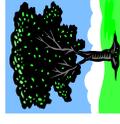
This is your day and it is okay to help your children learn to respect what you do for them. So, start by making a list of the things you would like your child/family to do for you. Several days before Mother's Day, read your list of things to them. Let them choose the things that they would like to do. Here are some suggestions:

- To have a day to sleep in
- To get lots of hugs and kisses
- To have someone do the dishes
- To have someone rake the yard
- To have someone make at least one meal for you
- To have someone pick up the dirty laundry
- To have someone feed the pets



Questions, Questions

- How old do you suppose the trees in your yard are?
- How many animals actually live in your yard?
- How many of these animals make music? (birds, frogs, crickets, owls, etc.).
- What do you suppose would happen to the flowers and weeds if there were no bees?



How Do You Measure Up?

Look around your home for all the items you can find that are used for measuring. Make a list of all that you find and note how many of each you have in your home. Here are a few to get you started, but think of other things that are used for measuring:

- What measures time?
- What measures pounds/weight?
- What measures temperature?
- What measures liquid?